

Traci's Rate-A-Date System EXAMPLE

Must Haves	Scoring System	Date #1	Date #2	Date #3	Date #4	Date #5
FUN	10 - Fun fun fun; 5 - Fun, but I've had funner; 0 - Woohoo! A day to myself.	7	5	10	10	0
JOB / FINANCIAL INDEPENDENCE	10 - Retired & Financially Independent; 5 - Working and Financially Stable; 0 - I'm going to be supporting this one.	8	3	0	0	10
RELIGION	10 - Our religious beliefs are compatible, 5 - Our religious beliefs are somewhat compatible, 0 - Nope!	5	10	5	10	3
POLITICS	10 - Agrees With Me; 5 - We Agree On Some Things, Disagree On Others; 0 - What an Asshole	5	7	0	10	10
AM I A PRIORITY TO THIS PERSON?	10 - This person puts me first; 5 - This person puts me first when he/she can; 0 - Wait, where did you go?	10	5	0	10	10
RELATIONSHIP BALANCE	10 - This person listens to what I have to say, and I listen to what they have to say; 5 - This person is only interested in some of the things I do; 0 - This relationship is totally one-sided	7	4	0	8	2
LIVES NEAR ME	10 - This person lives within a 15 minute drive; 5 - this person lives within an hour drive; 0 - Airfare? Oh HELL no.	5	4	10	10	2
DEPENDENTS (Kids, Parents, Ex-Spouses)	10 - No dependents; 5 - Dependents are almost gone; 0 - Dependents aren't going anywhere soon	10	6	3	10	10
LOOKS / BODY	10 - I'd hit that!; 5 - They're okay; 0 - Ummm, no.	10	2	10	10	8
THIS PERSON FITS INTO MY LIFE	10 - I can take person anywhere and proud to do so; 5 - I can bring this person around friends but not family; 0 - Whoa, there!	10	5	3	10	3
TOTAL		77	51	41	88	58

I developed Traci's Rate-A-Date System when I got inundated with inquiries through online dating. This spreadsheet helped me decide who was worth meeting and or spending time with, and who was not. This form can be easily personalized with your criteria. Just be sure to stick to your standards so you don't waste your time on someone who is not a good partner for you. www.wingshypnosis.com
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Step 1: Pick 10 things that are important to you in a relationship, or 10 things that have been issues in past relationships. The ones above are just suggestions and can be edited.

Step 2: Rate your date, either based on what you can see in their profile or when you meet them in person.

Step 3: Total the score. If the person is an 80 or more, go out with them again. If they are an 80 or less, FIND SOMEONE ELSE.

_____ Rate-A-Date System

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*From the book "HEY and other scintillating mating calls from the online dating world" by Traci Kanaan. www.heytraci.com www.wingshypnosis.com
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